



*“Reaching out  
and still growing”*

# MONTI SENIOR NEWS

MONTICELLO SENIOR CENTER FEBRUARY 2020 NEWSLETTER



## Happy Valentines Day



You can celebrate Valentines Day with your friends at the senior center on Friday, February 14. Join us for a delicious ham dinner catered by the Cornerstone Café. Just sign up at least one day in advance by 1 p.m. The meal will be served at noon and the cost is only \$5. Refreshments will be available prior to dinner. Door prizes will be given away and Valentine bingo will be played after dinner. Hope to see you on the 14th!

### Celebrate Chinese New Year

The Chinese New Year will be celebrated at the senior center on February 11 and 2020 is “Year of the Rat.” Chin Yuen will provide a delicious noon meal featuring beef mixed vegetables, coconut shrimp, and fried rice. The meal cost is just \$4 and people must sign up at least one day in advance.

There will also be some extras at this party, including Chinese traditional sweets and prizes.

Thanks goes to Chin Yuen for sponsoring this special event.

### America’s First Ladies Part II

The First Ladies story continues with Doug sharing the stories around how the title “First Ladies” was coined. We will learn about the ladies who wanted and those who did not want to become presidential wives. Doing this will offer a glimpse into the personal lives and relationships of the First Families. This presentation will conclude with the role of the First Ladies during some of our nation’s most difficult chapters.

Doug Ohman is a photographer, storyteller, and author. Please sign up if you plan to attend this interesting presentation at the center on Friday, February 21 at 10:30 a.m.

### DID YOU KNOW...

**The senior center parking lot is a one-way as shown on this map. Please adhere to the parking lot traffic flow rules to reduce the chance of accidents. Thank you.**



# FEBRUARY ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 8:00-11:00 a.m. Center Open
	<b>2</b> <b>3</b> 7:00 Advanced Pickleball 8:30 Casino Trip 1:00 Bridge	<b>4</b> <b>7:00</b> Pickleball 8:30 Tax Assistance 9:30 Cribbage Tourrn. 10:30 Choir 12:00 Dinner 1:00 Hand & Foot 1:30 Parkinson Mtg. 2:15 Line Dancing	<b>5</b> 9:00 Ceramics 10:00 Bible Study 10:00 Bowling 11:00 Bingo 12:00 Dinner 12-2 SilverSneakers Open House 1:00 500	<b>6</b> 7:00 Pickleball 8:30 Tax Assistance 12:00 Dinner 1:00 Bridge	<b>7</b> 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	<b>8</b> 8:00-11:00 a.m. Center Open 9:30 a.m. Book Club
<b>9</b>	<b>10</b> 7:00 Advanced Pickleball 9:30 Team Pool Tournament 1:00 Bridge Tournament 4:30 Board Meeting	<b>11</b> <b>7:00</b> Pickleball 8:30 Tax Assistance 9:30 Cribbage Tourrn. 10:30 Choir 12:00 <i>Chinese New Yr.</i> 12:30 Blood Pressure 1:00 Hand & Foot 2:15 Line Dancing	<b>12</b> 9:00 Ceramics 10:00 Bible Study 10:00 Bowling 12:00 Birthday/Ann. Potluck Dinner 1:00 500 1:00 Caregiver Support Group	<b>13</b> 7:00 Pickleball 8:30 Tax Assistance 12:00 Dinner 1:00 Bridge	<b>14</b> 10:00 Women's Pool 12:00 <i>Valentine</i> Dinner 1:00 Euchre Tournament	<b>15</b> 8:00-11:00 a.m. Center Open
<b>16</b> 	<b>17</b> 7:00 Advanced Pickleball 11:30 Lunch Bunch 1:00 Bridge	<b>18</b> <b>7:00</b> Pickleball 8:30 Tax Assistance 9:30 Cribbage Tourrn. 10:30 Choir 12:00 Dinner 1:00 Hand & Foot 2:15 Line Dancing	<b>19</b> 9:00 Ceramics 9:00 Driver's Class 10:00 Bible St/Bowl 10:15 Bikinis Trip 11:00 Bingo 12:00 Dinner 1:00 500 Tourney	<b>20</b> 7:00 Pickleball 8:30 Tax Assistance 11:00 Bingo Bash 12:00 Dinner 1:00 Bridge	<b>21</b> 10:00 Women's Pool 10:30 America's 1st Ladies Part II 12:00 Dinner 1:00 Euchre Tournament	<b>22</b> 8:00-11:00 a.m. Center Open
<b>23</b>	<b>24</b> 7:00 Advanced Pickleball 12:30 Legal Aid 1:00 Bridge Tournament	<b>25</b> <b>7:00</b> Pickleball 8:30 Tax Assistance 9:30 Foot Clinic 9:30 Cribbage Tourney 10:30 Choir 12:00 Dinner 1:00 Hand & Foot 2:15 Line Dancing	<b>26</b> 9:00 Ceramics 10:00 Bible Study 10:00 Bowling 11:00 Bingo 12:00 Dinner 1:00 Movie/500 1:00 Care. Group	<b>27</b> 7:00 Pickleball 8:30 Tax Assistance 12:00 Dinner 1:00 Bridge 1:00 Dance	<b>28</b> 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament	<b>29</b> 8:00-11:00 a.m. Center Open

## Toe Nail Clipping Available

People age 60+ can get their toenails cut at the center on Tuesday, February 25. Wright County Public Health Nurses will provide this valuable service from 9:30-11:30 a.m.

This foot clinic is run on a walk-in basis, so appointments are not required and you can sign in when you enter the center on the 25th. There is a \$15 charge to get your toenails cut; however no one will be denied service due to inability to pay.

## Parkinson Support Group

\*Meets February 4, 1:30-3 p.m.

\*People with Parkinson Disease and caregivers welcome

\*Professionally facilitated

## Tax Assistance Offered Free of Charge

Low to moderate-income people of all ages can get their taxes prepared at the center on Tuesdays and Thursdays from February 4 thru April 14. This is a free service and appointments are required.

Be sure to bring with you to your appointment a copy of your last return, picture ID, proof of health insurance, Social Security card, W2's, 1099's, SSA-1099 forms and other income and/or tax documents for 2019 and rent receipts (CRP) for 2019 or property tax statements for 2019 and 2020. *Be sure to organize your information before your appointment.*

**Free Legal Aid—February 24**  
Appointments required.



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Park View Care Center of Buffalo offers a full continuum of senior care, specializing in skilled nursing services, rehab nursing and memory care. This skilled nursing home contains small "neighborhoods" that allow residents and staff opportunities to develop meaningful relationships with one another.



## Reach the Senior Market ADVERTISE HERE

**CONTACT**

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## FEBRUARY MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from Russell's on the Lake	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
<b>4</b> Teriyaki Chicken House Egg Roll Fried Rice Fortune Cookie	<b>5</b> Beef Stroganoff Penne Pasta Green Beans Dinner Roll	<b>6</b> Salisbury Steak Mashed Potatoes Gravy Vegetable Dinner Roll	<b>7</b> Chicken Wild Rice Soup Assorted Wraps Pickle
<b>11 CHINESE NEW YEAR</b> Coconut Shrimp Beef Mixed Vegetables Fried Rice Chinese Traditional Sweets	<b>12</b> <b>Dinner Program Closed</b> <b>Potluck Today</b>	<b>13</b> Pork Roast Mashed Potatoes Gravy Vegetable Dinner Roll	<b>14 VALENTINE PARTY-\$5</b> Ham Cheesy Potatoes Vegetable Dinner Roll Valentine Dessert
<b>18</b> Beef Egg Foo Young Chicken Wings Fried Rice Fortune Cookie	<b>19</b> Liver & Onions Mashed Potatoes Salad Dinner Roll	<b>20</b> Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	<b>21</b> Lasagna Garden Salad Dinner Roll
<b>25</b> Sesame Chicken Veggie Egg Roll Fried Rice Fortune Cookie	<b>26</b> Fried Fish Au gratin Potatoes Green Beans Dinner Roll	<b>27</b> Turkey Mashed Potatoes/Gravy Dressing Vegetable Dinner Roll	<b>28</b> BBQ Beef Sandwich Pasta Salad Pickle

Many thanks to the following restaurants for providing the meals: Chin Yuen, Cornerstone Café, Russell's on the Lake, and VFW Post 8731. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$4. Meal reservations must be made at least one business day in advance by 1 p.m. People must pay for all meals they order.

MONTICELLO SENIOR CENTER • 505 WALNUT STREET, SUITE 3 | MONTICELLO, MN 55362  
(763) 295-2000 • HOURS MON-FRI 8AM-4:30PM | SAT 8AM-11AM



## Senior Center Card Tournaments...



All tournaments are open to people age 55+ and you must sign up to play in each at least one business day in advance. Cash prizes are awarded to the winners and all games have a \$2 entry fee.

\*Cribbage—Tues., Feb. 4, 11, 18 & 25 @ 9:30 a.m.

\*Euchre—Friday, Feb. 7, 14, 21 & 28 @ 1 p.m.

\*Bridge—Monday, Feb. 10 & 24 @ 1 p.m.

\*500—Wednesday, Feb. 19 @ 1 p.m.

## Caregiver Support Group

\*February 12 & 26, 1-2:30 p.m.

\*Professionally facilitated

## Dance at the VFW

If you enjoy old time music, come to the senior center dance, which will be held at VFW Post 8731 on Thursday, February 27. Michael James & Midi will provide the music from 1-4 p.m. The \$7 admission charge includes a lunch served at 3 p.m. and prize drawings. Hope to see you there!

## Potluck Dinner February 12

Make your favorite dish of food and come to the noon potluck dinner on Wednesday, February 12. February birthdays and anniversaries will be celebrated and bingo will be played after dinner for the chance to win cash. Everyone is welcome to attend!

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## SMART DRIVER COURSES

People age 55+ completing an AARP Smart Driver Course are eligible for a 10% auto insurance discount. The cost is \$17 for AARP members and \$22 for non-members and you must sign up and pay at the senior center in advance. Included in this cost are the AARP class materials and a facility/host fee. AARP members should bring their membership card to class and everyone should bring his or her driver's license. Refunds will not be given for no-shows.

Those taking a Smart Driver class for the first time must take an eight-hour course. A refresher course must be taken every three years in order to be eligible to continue receiving the insurance discount.

### 4-Hour Refresher Courses

- February 19 9 a.m.—1 p.m.
- April 2 9 a.m.—1 p.m.
- May 6 9 a.m.—1 p.m.
- June 10 5:30—9:30 p.m.
- July 22 9 a.m.—1 p.m.
- August 26 9 a.m.—1 p.m.
- September 23 9 a.m.—1 p.m.
- November 4 9 a.m.—1 p.m.
- December 9 9 a.m.—1 p.m.

### 8-Hour Courses

- March 12 & 13 9 a.m.—1 p.m.
- October 20 & 22 5:30—9:30 p.m.

## Lunch Bunch

Monday, February 17, 11:30 a.m.

VFW Post 8731



### Pool News...

\*Team Tournament-February 10  
9:30 a.m. in Monticello

## Voluntary Membership

The Monticello Senior Center has a Voluntary Membership. The dues are \$15 for an individual and \$25 per household per calendar year and are tax deductible.

A Membership Form is included with this newsletter in case you wish to join and thanks goes to all of you who already have. *Membership is not required to take part in senior center activities.*



## Watch “A Beautiful Day in the Neighborhood”

Lloyd Vogel is tasked with creating a profile of Fred Rogers, the creator and star of the successful children's program, “Mister Rogers' Neighborhood.” He dutifully goes to the studio where his subject is filming his show, and soon enough, he is sitting down with him, asking him probing questions. However, Fred (Tom Hanks) seems to have a different plan in mind. The interviewee suddenly becomes the interviewer, and he starts to help the writer sent for him in unexpected ways.

You can watch, “A Beautiful Day in the Neighborhood” on the community center big screen on Wednesday, February 26 at 1 p.m. This movie is rated PG and has a February 18 DVD release date. Freshly popped corn will be served.

## Learn How to Live Longer With SilverSneakers

Come to the SilverSneakers Open House on Wednesday, February 5 from noon—2 p.m. Find out what's available to SilverSneakers members, get a sneak peek at amenities and classes, learn more about the MCC and its programs, meet the staff, take a tour, enjoy refreshments, and enter to win a giveaway!

## Name Added to Plaque

A new nameplate has been added to the senior center Memorial & Gift Plaque:

**\*In Memory of Lydia Wang**  
from her family

People can donate \$100 or more to the senior center in memory of or in honor of another person and have that name engraved on the plaque. Donations can also be made as a gift.

**Free Blood Pressure Checks**  
**February 11, 12:30-1:30 p.m.**

**Senior Center Book Club**  
Meets February 8 at 9:30 a.m.  
Everyone welcome!

## Need Snow Removal?

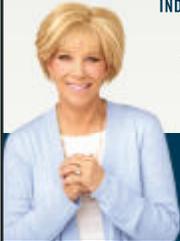
Need help with snow removal? Contact the HOME Program coordinator at 763-416-7969, and stay warm while your driveway and walkways get cleared for you! The HOME Program can now also offer the same services for individuals living in Big Lake that are active participants at the Monticello Senior Center.

## Free MCC Membership?

Do you have Medicare with supplemental insurance? If so, you could be eligible for a free or discounted membership to the Monticello Community Center. The sign-up process is easy! Please see a MCC Guest Service Associate for more information. If you have a MCC membership and come to the Senior Center to play pool, cards, or even just to socialize, please sign in at the community center desk.

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Monticello Senior Center, Monticello, MN.

C 4C 02-1054



*All trips depart from the west entrance of the Monticello Community Center. Please park in the west lot.*

**Advance registration and payment is required for all trips.**

**Refunds will not be given past the payment deadline unless your spot can be filled.**

### Treasure Island Casino

Ride the coach bus to Treasure Island Casino on Monday, February 3. The bus will depart the community center at 8:30 a.m. and return at about 3:45 p.m. There is a \$16 charge to ride the bus and people will receive \$15 on their casino card and a \$3 off food coupon.

### Mystic Lake Casino

You can ride the coach bus to Mystic Lake Casino free of charge on Monday, March 2. The bus will depart the community center at 8:30 a.m. and return at about 3:15 p.m. Those going on this trip will receive \$15 on their Club Mystic card.

### The Bikinis

A trip to the Bloomington Eagles Club to see the musical, "The Bikinis" will be held on Wednesday, February 19. A girl group from the Jersey Shore reunites to raise money for the good folks at Sandy Shores Mobile Home Beach Resort. Reliving their heyday (They don't wear their bikinis anymore) from the summer of '64, these four inseparable friends offer a nonstop celebration of song from their early days through the next 2 decades.

The trip includes a plentiful buffet dinner prior to the show. The cost of \$63 per person includes coach transportation, dinner, play, and escort. The bus will depart the center at 10:15 a.m. and return at about 4:45 p.m.

### 100 Years of Sinatra

Join Andrew Walesch and his big band at the Paramount Center for the Arts on March 3 as they take you through this journey in time and celebrate Frank Sinatra's legendary career. Enjoy lunch at Grizzly's prior to the

show where you have your choice of chicken with smashed potatoes, cheeseburger with fries, or pork sandwich with wild rice soup. The cost of \$57 includes coach transportation, lunch, show, and escort. The bus will depart the community center at 10:30 a.m. and return at about 4:15 p.m.

### Vikings Museum Tour

Take a guided tour of the Vikings Museum, located next to the TCO Performance Center in Eagan, on April 9. The museum has a 360 degree video theater, multiple interactive exhibits and hundreds of historical artifacts. Fans will learn insider details of the franchise throughout its 50+ year history. After the guided tour, take time to revisit exhibits of special interest to you and browse thru the Minnesota Vikings Locker Room Store.

Lunch will be at Casper's Cherokee Restaurant and includes a chicken entrée, tossed salad, baked potato with sour cream, rolls, beverage, and dessert. The last stop of the day will be at Abdullah's Chocolate Store in Apple Valley to purchase candy and other gift items. The cost of \$69 per person includes transportation, tours, lunch, and escort. The bus will depart the community center at 8:45 a.m. and return at about 4:45 p.m.

## Welcome to the Monticello Senior Center!

**505 Walnut Street, Suite 3**

**Monticello, MN 55362**

**Phone: 763-295-2000**

**Fax: 763-271-7118**

**[www.ci.monticello.mn.us](http://www.ci.monticello.mn.us)**

**"For Residents"**

#### Open Hours:

Monday-Friday, 8 a.m.—4:30 p.m.

Saturday, 8—11 a.m.

#### Office Hours:

Monday-Friday, 8 a.m.—4:30 p.m.

#### Director:

Pam Loidolt