



MONTI SENIOR NEWS

*"Reaching out
and still growing"*

MONTICELLO SENIOR CENTER MARCH 2020 NEWSLETTER

Estate Planning Refresher

Attend a refresher course at the center on estate planning, as well as an update on recent changes in federal law about retirement accounts. The SECURE Act of 2019 included several changes to how your retirement accounts are handled during your lifetime and after your death.

This session will be held at 10 a.m. on Friday, March 20 and will be led by Jill Adkins, an attorney with Gries Lenhardt Allen in St. Michael. Jill has 30 years of experience with estate planning and administering estates.

There is no charge to attend and people are asked to sign up in advance.



America's First Ladies Part III

The First Ladies series concludes with stories and photos of how these women transformed the physical White House to fit their style. It also covers the personal stories of tragedies and scandals that plagued many presidential administrations. The series would not be complete without a look at the First Ladies families and how children were and still are such an important part of this American story. If time allows Doug will share his top ten list of most interesting First Ladies.

Doug Ohman is a photographer, storyteller, and author. Please sign up if you plan to attend this interesting presentation at the center on Monday, March 30 at 10:30 a.m.

Please Come to Dinner

Four area restaurants provide high quality noon meals at the senior center Tuesday thru Friday. Chin Yuen provides meals on Tuesdays, Russell's on the Lake on Wednesdays, VFW Post 8731 on Thursdays, and Cornerstone Café on Fridays. The restaurant owners and staff deserve our thanks!

The meal cost is just \$4 and people age 55+ and spouse regardless of age are welcome to participate. People do have to sign up at least 1 business day in advance by 1 p.m. and pay for meals they order.

Caring for the Caregiver

All caregivers are invited to attend a program at the senior center on Monday, March 23 at 1 p.m. This presentation focuses primarily on the caregiver: definitions and demographics, challenges they face, the emotional caregiver experience, caregiver supports, and how to ask for help. It will also teach how to include self-care into daily life.

Please sign up if you plan to attend.

MARCH ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>	<p>2 7:00 Inter./Advanced Pickleball 8:30 Casino Trip 1:00 Bridge</p>	<p>3 7:00 Pickleball 8:30 Tax Assistance 9:30 Cribbage Tourney 10:30 Choir 12:00 Dinner 1:00 Hand & Foot 1:30 Parkinson Group 2:15 Line Dancing</p>	<p>4 9:00 Ceramics 10:00 Bible Study 10:00 Bowling 11:00 Bingo 12:00 Dinner 1:00 500</p>	<p>5 7:00 Pickleball 8:30 Tax Assistance 12:00 Dinner 1:00 Bridge</p>	<p>6 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament</p>	<p>7 8:00-11:00 a.m. Center Open</p>
<p>8 Daylight Saving Time Begins</p>	<p>9 7:00 Inter./Advanced Pickleball 9:30 Team Pool Tournament 1:00 Bridge 4:30 Board Meeting</p>	<p>10 7:00 Pickleball 8:30 Tax Assistance 9:30 Cribbage Tourney 10:30 Choir 12:00 Dinner 12:30 Book Pressure Cks 1:00 Hand & Foot 2:15 Line Dancing</p>	<p>11 9:00 Ceramics 10:00 Bible St/Bowl 11:00 Bingo 12:00 Dinner 12:30 SilverSneakers Open House 1:00 500/Care. Mtg.</p>	<p>12 7:00 Pickleball 8:30 Tax Assistance 9:00 Driver's Class 12:00 Dinner 1:00 Bridge</p>	<p>13 9:00 Driver's Class 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament</p>	<p>14 8:00-11:00 a.m. Center Open 9:30 a.m. Book Club</p>
<p>15 </p>	<p>16 7:00 Inter./Advanced Pickleball 11:30 Lunch Bunch 1:00 Bridge</p>	<p>17 7:00 Pickleball 8:30 Tax Assistance 9:30 Cribbage Tourn. 10:30 Choir 12:00 Dinner 1:00 Hand & Foot 2:15 Line Dancing</p>	<p>18 9:00 Ceramics 10:00 Bible Study 10:00 Bowling 12:00 Birthday & Anniv. Potluck 1:00 500 Tournament</p>	<p>19 7:00 Pickleball 8:30 Tax Assistance 11:00 Bingo Bash 12:00 Dinner 1:00 Bridge</p>	<p>20 10:00 Women's Pool 10:00 Estate Planning Refresher 12:00 Dinner 1:00 Euchre Tournament</p>	<p>21 8:00-11:00 a.m. Center Open</p>
<p>22</p>	<p>23 7:00 Inter./Advanced Pickleball 12:30 Legal Aid 1:00 Bridge 1:00 Caring for the Caregiver</p>	<p>24 7:00 Pickleball 8:30 Tax Assistance 9:30 Cribbage Tourn. 10:30 Choir 12:00 Dinner 1:00 Hand & Foot 2:15 Line Dancing</p>	<p>25 9:00 Ceramics 10:00 Bible St/Bowl 11:00 Bingo 12:00 Dinner 1:00 500 1:00 Movie Matinee 1:00 Caregiver Mtg.</p>	<p>26 7:00 Pickleball 8:30 Tax Assistance 12:00 Dinner 1:00 Bridge 1:00 Dance</p>	<p>27 10:00 Women's Pool 12:00 Dinner 1:00 Euchre Tournament</p>	<p>28 8:00-11:00 a.m. Center Open</p>
<p>29</p>	<p>30 7:00 Inter./Advanced Pickleball 10:30 America's First Ladies Part III 1:00 Bridge</p>	<p>31 7:00 Pickleball 8:30 Tax Assistance 9:30 Cribbage Tourn. 10:30 Choir 12:00 Dinner 1:00 Hand & Foot 2:15 Line Dancing</p>				

Voluntary Membership

The Monticello Senior Center has a Voluntary Membership. The dues are \$15 for individuals and \$25 per household per calendar year. *Membership is not required to participate in senior center activities.* Thank you to all those who already participated in the senior center Voluntary Membership program.

Come to the Dance

If you enjoy old time music and dancing, go to VFW Post 8731 on Thursday, March 26. Jerry Bierschbach will provide the music from 1-4 p.m. for this senior center dance. There is a \$7 admission charge, which includes a lunch served at 3 p.m.

See You at the Potluck

The senior center Birthday & Anniversary potluck dinner will be held on Wednesday, March 18 at noon and people are asked to bring a dish of food to share. March birthdays and anniversaries will be recognized this day.

Accordion player George Jundt will provide the entertainment at this dinner.

Please Mark Your Calendar...

Senior center breakfast fundraiser
Dad's Belgian Waffles
Sunday, April 26 8 a.m.—noon
There will be ticket pre-sales!

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MARCH MENU

Tuesday Meals from Chin Yuen	Wednesday Meals from Russell's on the Lake	Thursday Meals from VFW Post 8731	Friday Meals from Cornerstone Café
3 Sweet & Sour Chicken House Egg Roll Fried Rice Fortune Cookie	4 Stuffed Pork Tenderloin Mashed Potatoes Gravy Corn Dinner Roll	5 Salisbury Steak Mashed Potatoes Gravy Vegetable Dinner Roll	6 Goulash Garden Salad Dinner Roll
10 Beef with Broccoli Chicken Wings Fried Rice Fortune Cookie	11 BBQ Pulled Pork Sandwich Coleslaw Chips	12 Pork Roast Mashed Potatoes Gravy Vegetable Dinner Roll	13 Meatloaf Mashed Potatoes Vegetable Dinner Roll
17 Teriyaki Chicken Veggie Egg Roll Fried Rice Fortune Cookie	18 Dinner Program Closed Potluck Today	19 Hot Beef Sandwich Mashed Potatoes Gravy Vegetable	20 Spaghetti with Meatballs Caesar Salad Dinner Roll
24 Beef Mixed Vegetables Chicken Wings Fried Rice Fortune Cookie	25 Spaghetti Hot Dish Green Beans Salad Breadstick	26 Turkey Mashed Potatoes/Gravy Dressing Vegetable Dinner Roll	27 Chicken Breast Wild Rice Hot Dish Mixed Vegetables Dinner Roll
31 Chicken Chow Mein Cream Cheese Wonton Fried Rice Fortune Cookie			

Many thanks to the following restaurants for providing the meals: Chin Yuen, Cornerstone Café, Russell's on the Lake, and VFW Post 8731. Menu is subject to change. Dinners are served at noon to persons age 55+ and spouse regardless of age. The meal cost is \$4. Meal reservations must be made at least one business day in advance by 1 p.m. People must pay for all meals they order.

Senior Center Card Tournaments...



All tournaments are open to people age 55+ and you must sign up to play in each at least one business day in advance. Cash prizes are awarded to the winners and all games have a \$2 entry fee.

*Cribbage—Tues., March 3, 10, 17, 24 & 31 @ 9:30 a.m.

*Euchre—Friday, March 6, 13, 20 & 27 @ 1 p.m.

*500—Wednesday, March 18 @ 1 p.m.

MSC Board Members...

The current Monticello Senior Center Board of Directors members are: Laurie Bartlett, Janet Bromberg, Ketzell Domke, Ed Ellison, Marian Feather, Michele Hertwig, Paul Klein, Bob Mueller, and Dave Nelson.

Book Club...

The senior center Book Club meets every month to discuss the book they read and to pick up the new one. The group will meet on Saturday, March 14 at 9:30 a.m. The Book Club is facilitated by a retired teacher and new members are always welcome.

Consider Donating to the Food Shelf

The 2020 Minnesota FoodShare March Campaign is underway. Bring paper products, personal hygiene products, and non-perishable food items to the senior center by March 27 and they will be brought to the Monticello Food Shelf. Cash donations to the Food Shelf are also appreciated and are tax deductible.

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SMART DRIVER COURSES

People age 55+ completing an AARP Smart Driver Course are eligible for a 10% auto insurance discount. The cost is \$17 for AARP members and \$22 for non-members and you must sign up and pay at the senior center in advance. *Effective July 1, the course fee increases to \$22 for AARP members and \$27 for non-members.* Included in this cost are the AARP class materials and a facility/host fee. AARP members should bring their membership card to class and everyone should bring his or her driver's license. Refunds will not be given for no-shows.

Those taking a Smart Driver class for the first time must take an eight-hour course. A refresher course must be taken every three years in order to be eligible to continue receiving the insurance discount.

4-Hour Refresher Courses

- April 2 9 a.m.—1 p.m.
- May 6 9 a.m.—1 p.m.
- June 10 5:30—9:30 p.m.
- July 22 9 a.m.—1 p.m.
- August 26 9 a.m.—1 p.m.
- September 23 9 a.m.—1 p.m.
- November 4 9 a.m.—1 p.m.
- December 9 9 a.m.—1 p.m.

8-Hour Courses

- March 12 & 13 9 a.m.—1 p.m.
- October 20 & 22 5:30—9:30 p.m.

Lunch Bunch

Monday, March 16, 11:30 a.m.

Monticello Perkins

Good food, good company!

Free legal assistance

March 23—appointments required

Free Tax Assistance Offered

A limited number of appointments are available for low to moderate-income people of all ages to get their taxes prepared at the senior center.

Be sure to bring with you to your appointment a copy of your last return, picture ID, Social Security card, W2's, 1099's, SSA-1099 forms and other income and/or tax documents for 2019 and rent receipts (CRP) for 2019 or property tax statements for 2019 and 2020.

Please be sure to organize your information before your appointment.

Watch "Playing With Fire" on the Big Screen

When firefighter Jake Carson and his team rescue three siblings in the path of a wildfire, they quickly realize that no amount of training could have prepared them for their most challenging job yet – babysitting. While trying to locate the children's parents, the firefighters have their lives, jobs and even their fire station turned upside down and learn that kids – much like fires – are wild and full of surprises. Hilarious and heartwarming, discover this must-see family comedy.

You can watch "Playing With Fire" on the community center big screen on Wednesday, March 25 at 1 p.m. Freshly popped corn will be served.

Free Blood Pressure Checks
March 10, 12:30-1:30 p.m.

Plaque Donation Received

A new nameplate has been added to the senior center Memorial & Gift Plaque reading, **Gift From Thomas P. and Marilyn R. Dziekciowski.** People can donate \$100 or more to the senior center in memory of or in honor of another person and have that name engraved on the plaque. Donations can also be made as a gift.

Silver Sneakers Open House

Come to the SilverSneakers Open House on Wednesday, March 11 from 12:30—1:30 p.m. in the Warehouse. Find out what's available to SilverSneakers members, get a sneak peek at amenities and classes, learn more about the MCC and its programs, meet the staff, take a tour, enjoy refreshments, and enter to win a giveaway!

Everyone Welcome!

Come to the Senior Fitness St. Patty's Day Social on Tuesday, March 17 at 1:30 p.m. in the Warehouse. Wear some green and join us for the SilverSneakers Classic Class at noon followed by a fun social at 1:30 p.m. Bring a snack to share. There will be a prize for the one with the most Irish spirit!

Pool News...

*Team Tournament— March 9
9:30 a.m. in Elk River

Caregiver Support Group

*March 11 & 25, 1-2:30 p.m.

*Professionally facilitated

*Offers support and education

Parkinson Support Group

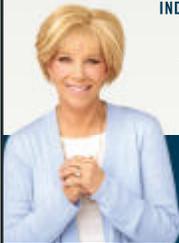
>March 3, 1:30-3 p.m.

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All trips depart from the west entrance of the Monticello Community Center. Please park in the west lot. Advance registration and payment is required for all trips.

Refunds will not be given past the payment deadline unless your spot can be filled.

Mystic Lake Casino

You can ride the coach bus to Mystic Lake Casino free of charge on Monday, March 2. The bus will depart the community center at 8:30 a.m. and return at about 3:15 p.m. Those going on this trip will receive \$15 on their Club Mystic card.

St. Croix Casino

A trip to the St. Croix Casino in Turtle Lake, WI is planned for Monday, April 6. The bus will depart the community center at 8:30 a.m. and return at about 5:15 p.m. The bus ride is free.



Vikings Museum Tour

Take a guided tour of the Vikings Museum, located next to the TCO Performance Center in Eagan, on April 9. The museum has a 360 degree video theater, multiple interactive exhibits and hundreds of historical artifacts. Fans will learn insider details of the franchise throughout it's 50+ year history. After the guided tour, take time to revisit exhibits of special interest to you and browse thru the Minnesota Vikings Locker Room Store.

Lunch will be at Casper's Cherokee Restaurant and includes a chicken entrée, tossed salad, baked potato with sour cream, rolls, beverage, and dessert. The last stop of the day will be at Abdullah's Chocolate Store in Apple Valley to purchase candy and other gift items. The cost of \$69 per person includes transportation, tours, lunch, and escort. The bus will depart the community center at 8:30 a.m. and return at about 5 p.m.

Breaking Up Is Hard to Do

Enjoy lunch in the dining room at the Ives Auditorium on May 6. The lunch includes chicken breast in herb and wine cream sauce served with parsley potatoes and vegetable du jour, dinner roll, dessert, and coffee or tea.

After lunch you will see the musical comedy, "Breaking Up is Hard to Do." Set in the Catskills resort in 1960, this is the sweetly comic story of Lois and Marge, two friends from Brooklyn in search of good times and romance over one wild Labor Day weekend. The score showcases 18 Neil Sedaka classics, including "Where the Boys Are," "Sweet Sixteen," "Calendar Girl," "Love Will Keep Us Together," and of course, the chart-topping title song. Seating is general admission.

The cost of \$65 includes coach transportation, lunch, show, and escort. The bus will depart the community center at 9:45 a.m. and returns at about 4:45 p.m.

Welcome to the Monticello Senior Center!

505 Walnut Street, Suite 3

Monticello, MN 55362

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www.ci.monticello.mn.us

"For Residents"

Open Hours:

Monday-Friday

8 a.m.—4:30 p.m.

Saturday

8—11 a.m.

Office Hours:

Monday-Friday

8 a.m.—4:30 p.m.

Director:

Pam Loidolt

