# The Gillespie Gazette

Connecting members with the community and each other.



# The Gillespie Center Annual Meeting

# Thursday, January 19, 6:00 pm

Join us for a recap of 2022, learn what we're planning for 2023 and join us in acknowledging our service partners.

Everyone is welcome and appetizers will be served.

Also in this issue:

AARP Tax Assistance

New! Corn Hole Bean Bag

One-on-one technology appointments



# Message from Karen DeLorenzo

Board President, The Gillespie Center

Ahh.... the New Year! We made it to 2023 and are beginning another great year at The Gillespie Center! Hoping everyone had a wonderful holiday.

I am excited to welcome two new Board Members to our Board of Directors:

Wendy Gasca Vickie Innes

A huge thank you to our returning board members:

Linda Blakstvedt (Secretary) Wendy Gasca Joy Grundeen

Vickie Innes Ann MacGregor Pastor Mike Michalk Susan Navratil (Past President) Michelle Seeman (Treasurer)

I look forward to working together in this upcoming year. A huge shout out of thanks and appreciation to Susan Navratil for sharing her time and talents as the Board President the past couple years. I know I have tough shoes to fill. I am thrilled and humbled to have been elected as the new President of the Board at the Gillespie.

A couple 2023 dates to make sure that you add to your calendar:

**January 19, 6:00 pm February 5 June 17 Annual Meeting** Bingo Rockin' the Block band and party

Wishing you a healthy and joyous 2023 and hope to meet many of you at the center soon! ~ Karen

January 1 **Betty Lansing** 

January 2

R. Terry Dunn Harley Kukuk

January 4

Lydija Tschumperlin

January 12 Larry Beno Jack Weist

January 14 Larry Gallagher January 16

Jeanne Brustad Jan Melenich

> January 18 Joel Reinitz

January 19 Jackie Davis

January 22 Veronica Geyen MarJo Hubbell Dennis Schroeder January 23

January 24 Carol Abrahamson Beth Bessesen Don Saxon



ONGOING WEEKLY ACTIVITIES						
Monday	Tuesday	Wednesday	Thursday	Friday		
8:30 am: Over 50 & Fit 9 am: Canasta 1 pm: Cribbage	Photo Club 9:45 am: Art Group 1 pm: Needle Talking	8:30 am: Over 50 & Fit 9:30 am: Strength & Cardio 10:30 am: Yoga 1 pm: Bridge	10 am: Men's Shed 1 pm: Corn Hole Bean Bag	8:30 am: Over 50 & Fit 1 pm: 500 Cards		
JANUARY EVENTS & LUNCH MENU						
2	3	4	5	6		
CLOSED FOR NEW YEAR'S HOLIDAY	7 pm: Beginners Square Dance	11:30 am: Lunch Potato Soup with 1/2 sandwich Dessert				
9	10	11	12	13		
FIRST DAY TO MAKE AARP TAX APPOINTMENTS 7 pm: Beginners Square Dance	9:30 am - 12:30 pm: 1:1 Tech Appointments	11:30 am: Lunch Egg Foo Young with fried rice Dessert				
16	17	18	19	20		
CLOSED FOR MARTIN LUTHER KING JR. DAY	7 pm: Beginners Square Dance	12 pm - 2 pm: Classic Country Jam Tater Tot Hotdish, dinner roll Dessert	6 pm: Annual Meeting Open to all			
23	24	25	26	27		
8:30 am: Defensive Driving Course 9 am: Happy Feet Footcare Appointments 7 pm: Beginners Square Dance	9:30 am - 12:30 pm: 1:1 Tech Appointments 1 pm: Free Movie Ticket to Paradise	11:30 am: Home Cooking by Chef Greg Meatloaf with potatoes and veggies Dessert				
30	31	1	2	3		
7 pm: Beginners Square Dance		If you have questions and a phone number is not listed in the description, call The Gillespie Center Front Desk at 952-472-6501 for assistance.				

## Join us for a homemade lunch!

Wednesdays, 11:30 am



Dine in or drive up Cost: \$7.00

# **Classic Country Jam & Lunch**

Third Wednesday each month 12 pm - 2 pm

Once a month, lunch is served with a side of live music!

Cost: \$7.00

Call the Center to sign up for lunch by Monday each week.

# Coffeehouse open!

Monday - Friday 8:30 am - 10 am



# Bakery open!

Monday - Friday 8:30 am - 3:30 pm Saturday 8:30 am - 10:30 am



# Technology Support & Coaching

Need help with your smartphone, tablet, laptop or other device? Connect with an experienced digital handyperson, who visits the center each month and can help you:

- · Virtually connect via Zoom or Facetime
- Find and use helpful device features
- Manage online security and safety
- Troubleshoot device settings or errors











Call the center to schedule your **free** appointment.

Bring your device with you.

A service provided as part of the HOME program and funded, in part, by Hennepin, Sherburne & Wright Counties. There is no fee for this service.



Square Dancing for Beginners Tuesdays, January 3 & 17 Mondays, January 9, 23, 30 7 pm

Learn a few square dance calls
while you walk to music.
Introductory level, partners provided,
casual attire. No charge.
Fun, fitness & fellowship! Ages 8-98!



"Ticket to Paradise"
Tuesday, January 24, 1 pm

George Clooney & Julia Roberts team up as exes who find themselves on a shared mission: to stop their lovestruck daughter from making the same mistake they once made.

Comedy-Romance, Rated: PG-13, 2022, 1 hr. 44 min.





#### **ONGOING WEEKLY ACTIVITIES** Monday **Tuesday Thursday** Wednesday Friday 8:30 am: Over 50 & Fit 8:30 am: Over 50 & Fit Photo Club 9:30 am: Strength & 10 am: Men's Shed 8:30 am: Over 50 & Fit Cardio 9 am: Canasta 9:45 am: Art Group 1 pm: Corn Hole Bean 1 pm: 500 Cards 10:30 am: Yoga Bag 1 pm: Cribbage 1 pm: Needle Talking 1 pm: Bridge



Art Group Tuesdays 9:45 a.m. – noon Lost Lake II

#### **Photo Club**

#### **Usually meets Tuesdays**

Have fun & learn all about photography.



For more information contact Gay Cross at 952-474-4898.



Gillespie Center Photo Club

## **Gillespie Singers**



Check it out! Lots of fun!
Call Evelin at 952-472-2105
for more information.

#### Gillespie Ukulele Group

is currently on a winter break and will keep you posted on their return date.



#### Gillespie Book Club

is re-grouping.
If you are interested in Book
Club, please contact Mindy at
952-472-6502.

#### **Needle Talking**

### Tuesdays, 1:00 p.m.

Do you knit, crochet, needlepoint, weave, or create other projects using yarn, needles, beads, or ropes?



Come and enjoy time together while working on your own projects.

#### Canasta

Mondays, 9:00 a.m.

#### Cribbage

Mondays, 1:00 p.m.

#### **Bridge**

Wednesdays, 1:00 p.m.

We play Bridge for fun.

Call Jessie Pinney at 952-472-9801.

# Corn Hole Bean Bag Toss

Thursdays, 1:00 p.m.

Enjoy an easy and active bean bag toss game and meet some new people.

#### 500 Cards

Fridays, 1:00 p.m.



Shoulder to Shoulder

Thursdays, 10:00 a.m.

Get out of the house and come spend time with the guys.

Call Phil Johnson at 952-239-0965 for more information.

ONGOING WEEKLY ACTIVITIES						
Monday	Tuesday	Wednesday	Thursday	Friday		
8:30 am: Over 50 & Fit 9 am: Canasta 1 pm: Cribbage	Photo Club 9:45 am: Art Group 1 pm: Needle Talking	8:30 am: Over 50 & Fit 9:30 am: Strength & Cardio 10:30 am: Yoga 1 pm: Bridge	10 am: Men's Shed 1 pm: Corn Hole Bean Bag	8:30 am: Over 50 & Fit 1 pm: 500 Cards		



### Over 50 & Fit

# Monday, Wednesday, and Friday 8:30 am

Wake up & stretch!
Low impact exercise and stretching
to a variety of music.

Cost: \$6 for a lifetime membership.

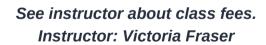


## **Strength & Cardio**

# Wednesdays, 9:30 am

The class is focused on helping you get and stay strong, preparing the body for everyday activities.

By combining strength and cardio in this non-competitive class, you will improve bone and muscle strength, balance, flexibility, plus heart and brain health.





# **Gentle Yoga Class**

# Wednesdays, 10:30 a.m.

Relax and stretch to improve the quality of your everyday life.

This class will be adapted to the participants and will include

Light Yoga Fit.

Bring your yoga mat.

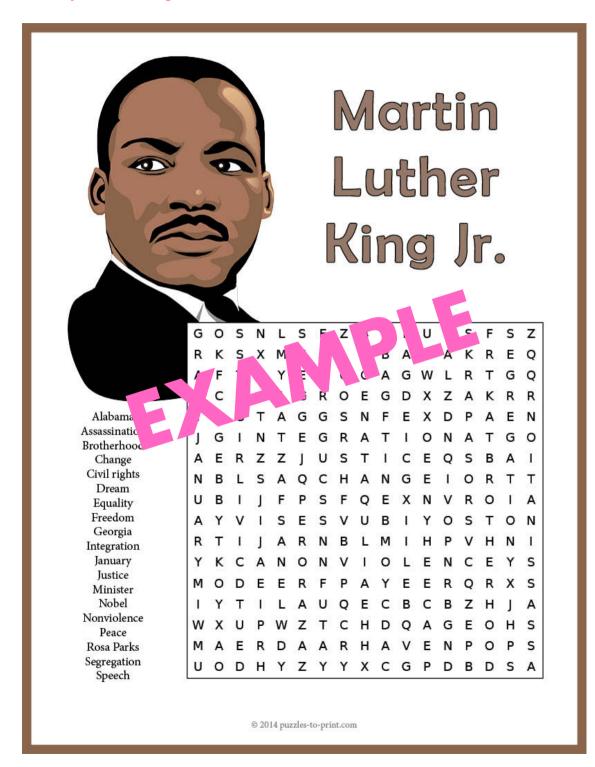


See instructor about class fees.
Instructor: Victoria Fraser



# Ad hoc content

- Event photos
- · Volunteers needed
- · Game, puzzle, "fun facts"
- Special event notices or announcements
- Holiday and/or recognition month "fun facts"



A nonprofit organization with a mission to innovate and deliver services



that meet the changing needs of older adults and their caregivers.









The HOME program offers Technology Access, Support & Coaching services, handyperson services, home safety checks, housekeeping and lawn care/snow removal.

hometeam@seniorcommunity.org 763-416-7969







Licensed social worker Sara Roberts, LSW offers Senior Outreach & Caregiver Services helping older adults and

their families access appropriate and affordable services based on their needs. Contact Sara for an appointment:

> s.roberts@seniorcommunity.org 612-868-6720



**CareNextion.org** is a free, online tool and app that helps caregivers

coordinate and connect with others to support their older adult loved one.

www.seniorcommunity.org ReimagineAging@seniorcommunity.org 952-541-1019

Last updated 01/2023

## **AARP Tax-Aide Preparation Service**

On January 9, The Gillespie Center will start taking appointments for the upcoming tax season, February 10 - April 7, 2023.

On site preparation for all simple returns is available this tax season.

#### Cost: XXXX

Call the Gillespie Center Front Desk to make an appointment.

952-472-6501

WALK-IN TAX PREPARATION WILL NOT BE AVAILABLE.

# AARP Defensive Driving Refresher Course

Monday, January 23, 2023 8:30 a.m. - 12:30 p.m.

Cost: XXXX Registration required. Call 1-888-234-1294 to register.



4th Monday each month Appointments available between 9 a.m. and 3 p.m.

Cost: \$45 cash, check or credit Call 763-560-5136 to schedule.



**Health Insurance Counseling**Scheduling in-person appointments now.

Call Mindy at **952-472-6502** and leave your name and phone number.



Come in out of the cold and warm up by the Gillespie fireplace!.





A big thank you to Peggy Warner for playing Christmas carols and leading us in the "Name That Tune" game.

# Save the dates!

Gillespie Family Fun Bingo with prizes!

Sunday, February 5 1 pm - 3 pm

## **Defensive Driving Refresher Course**

Monday, February 13 8:30 am - 12:30 pm

## **Holiday Turkey Dinner & Music**

Wednesday, February 15 12 pm

# Memorial Blood Centers Blood Drive

Thursday, February 23

Presentation by Huber Funeral Home

Thursday, February 28 10:00 am



# Technology Partners Program

If you are age 60+ without home internet or a current device, we can help you:

- Find and sign up for affordable internet service
- Get a device connected and adjust security settings
- Learn how to use the device and its features and search the internet

To apply, call 763-416-7969 or email hometeam@seniorcommunity.org.

Thanks to a grant from the State of Minnesota Department of Human Services, there is no cost for this program. Lowincome participants may be eligible for a free device.



Terry Breen

Donna Lindstrom



# Thank you donors!

The staff and board are deeply grateful to the following supporters who donated to The Gillespie Center last month.

## **Donations**

Cindy Esplein
Angella Hames
Colleen Hendricks
Judy McKeand
Delores Strand

500 Cards Group
The Thaler Family Foundation
Wednesday Bridge Group

# In Memory of Loved Ones

Marion Beise from Mary Wenberg Butch Blakstvedt from Gretchen Ehalt Steve Clark from Jerry & Diana Kohls Gretchen Menzel from Phyllis Jessen Keith Putt from Jerry & Diana Kohls

Terry Breen
Donna Lindstrom
Dwayne & Catherine Platzer
Valerie Sandler

# Honor & Gifts

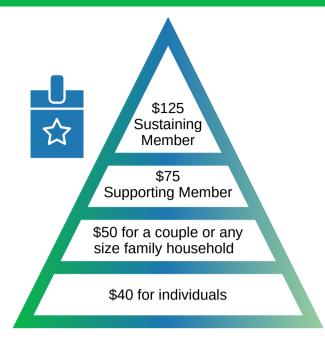
In honor of the Gillespie Singers from Lake Minnetonka Shores, Presbyterian Homes

Make your donation even more special. Make a gift in honor or memory of a friend, family member or other loved one or celebrate a birthday, anniversary or other special event.

# The Gillespie Center Endowment Fund

The *Gillespie Center Endowment Fund* was established to maintain consistent financial support now and in the future. The principal from this Endowment Fund will continue to grow, in perpetuity, to help fund Gillespie Center programs and services for many years to come. The interest earned each year is used to fund current program and service needs.

Making a gift to the fund provides assurance that your wishes are respected and your gift(s) can have a permanent, positive impact on the wellbeing of current and future older adults. Gifts to this fund may be current, pledged, or planned gifts including cash, real estate, stocks, memorials, trusts, and insurance benefits.



# **Annual Membership**

Annual memberships\* at The Gillespie Center help support day to day operations.

Call the Center to become a member or renew your membership.

Business sponsorships also available.

Check the mailing label on your newsletter to find the expiration date for your membership.

# Gillespie Scrip Gift Cards



When you shop with a Gillespie scrip gift card, retailers donate a percentage of your purchase to the Gillespie Center. Gift cards are available for any occasion and in various amounts, starting at \$10.

Place your order at the Front Desk and your cards arrive a few days later.

# **Rent The Gillespie Center**

The Gillespie Center is the perfect location for gatherings of many kinds...

- Birthday, anniversary, graduation, and holiday parties
- Baby and bridal showers
- Weddings

- Family or class reunions
- Business meetings
- Fundraisers
- Banquets and more



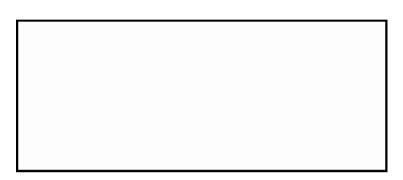
Visit **gillespiecenter.org** to watch a video, see photos of available spaces, review the catering menu and find rental rates.

To check availability and learn more, contact Greg at 952-472-7563.

\*Gillespie Center members receive a 10% discount on room rental charges.



2590 Commerce Boulevard Mound, MN 55364 Non-Profit Org US Postage PAID Permit #110 Mound, MN



The Gillespie Gazette is published monthly by The Gillespie Center.

# The Gillespie Center Board of Directors

President: Karen DeLorenzo

Vice President:

Secretary: Linda Blakstvedt Past President: Susan Navratil

Wendy Gasca
Joy Grundeen
Vickie Innes
Ann Macgregor
Pastor Mike Michalk
Cindy Palm
Catherine Pasche

Ex-Officio: Mindy Anderson Deb Taylor



The Gillespie Center has a contract with Senior Community Services to provide daily center operations management, programming, and activities for older adults.



www.gillespiecenter.org



952-472-6501



info@gillespiecenter.org



Monday - Friday 8:00 a.m. - 4:00 p.m.

Additional hours for special events



#### Center Director:

Mindy Anderson, 952-472-6502

### Senior Outreach Services:

Sara Roberts, LSW, 612-868-6720

#### **Event Rentals:**

Greg Sletten, 952-472-7563