



# Newsletter

**Beginning Monday, April 24, the center will be open Monday - Thursday, 10 am to 3 pm daily.**

201 S Vine ST, Waconia, MN 55387  
952-442-4642

The Waconia Area Senior Center is excited to announce our new affiliation with **Senior Community Services** and introduce our new director **Lynne Fredrickson**.

In the coming weeks and months, our contract with Senior Community Services will allow us to:

- Extend operating hours to 4 days a week;
- Enhance the current activities schedule; and
- Introduce new activities and programs

Beginning this month, Lynne will manage day-to-day operations and collaborate with the Board and you, our community members, to develop new programming for the Center.

Welcome to the next chapter of the Waconia Area Senior Center!

Sincerely,

## The Waconia Area Senior Center Board of Directors

<i>Barbara Brooks, President</i>	<i>Brenda Goede</i>
<i>Karen Sackett, Secretary</i>	<i>Patsey Harris</i>
<i>Bob Jax, Treasurer</i>	<i>Sue Leffler</i>
	<i>Elaine Verner</i>



**Lynne Fredrickson**

"I'm excited to use my experience, curiosity, enthusiasm and sense of humor to develop deeper connections with seniors in our community and to grow the programs and activities at The Waconia Area Senior Center!"



SENIOR  
COMMUNITY  
SERVICES

Providing non-medical wraparound services to meet the changing needs of older adults and their caregivers.

[seniorcommunity.org](http://seniorcommunity.org)

## BOARD OF DIRECTORS MEETING

**Wednesday, April 5**  
9 am



## OPEN HOUSE!

Meet our new director Lynne Fredrickson and learn about plans for the future.

**Thursday, April 20**  
1 pm to 3 pm

Refreshments will be served.





Hello!

With a background in senior health and wellness, I am passionate about supporting our Waconia seniors and helping them stay connected and engaged socially, physically, mentally and emotionally. My past experience includes developing and implementing senior health and wellness programming for members of the community as well as for those in senior living communities.

I live in Waconia with my husband Mark, our 12-year old daughter Claire and our border collie Raine. We're an active family who loves snow skiing, playing out on the lake and cheering on Claire and her teammates in basketball and soccer. When we need a break, you'll often find us relaxing at home watching Survivor or HGTV.

My history with the center goes back to its beginning. I was fortunate to be part of The Waconia Area Senior Center Task Force in 2016 when the idea for a senior center was just that, an idea. In truly a grass roots effort, this small group of local seniors and other enthusiastic community members collaborated to connect with the older adults in our community.

In addition to researching and documenting the benefits of social, physical, educational, and recreational activity for seniors, the task force connected with area senior centers, interviewing directors and learning about their programs. Results of that work were shared with the Waconia community and city council leaders, and with their support, the task force laid the foundation for what is now The Waconia Area Senior Center.

Waconia's Freshwater Church generously offered space one day per week as an initial location and in 2019, the City of Waconia renovated space in City Hall to house the current center. Since 2019, the center and its programming have continued to operate and been further developed thanks to our dedicated board of directors and other enthusiastic senior volunteers.

It's great to be here and I'm looking forward to getting to know all of you!

~ Lynne

<b><i>CURRENT WEEKLY ACTIVITIES*</i></b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<i>CENTER CLOSED</i>	<i>CENTER CLOSED</i>	10 am: Hand & Foot 12:30 pm: BINGO	10 am: Class of '65 12:30 pm: Bridge	<i>CENTER CLOSED</i>

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